

Technique's Team Camp

Located at 237 W Hayden Avenue – Hayden, Idaho 83835

COMING AUGUST 21-24, 2018! MARK YOUR CALENDARS!

Guest Coach Sophia Campana!



Sophia Campana is an Elite Level and Professional Artistic Gymnast, competing at several Regional and National Championships.

With dual-citizenship to Italy, Sophia trained at the Elite level with the Italian National Team and in 2015 competed at Italy's professional level. Pursuing her international gymnastics dream, Sophia has inspired Italy's youngest generation, capturing national media attention.

With a lifetime dedicated to gymnastics, self-discipline, and reaching for personal gold, Sophia has now turned her attention to youth. She speaks around the world, inviting people of all ages to embrace their life passions and pursue their fullest potentials.

Camp Highlights:

Guest Coaches
Technique Team
Coaches
Dance Choreography
Motivational Speaking
Training on all Events

Tuesday – Friday
9am – 3pm

For More Information
Call 208-772-0179

*Each of us has a fire
in our hearts for
something. It's our
goal in life to find it
and KEEP IT LIT.*

- Mary Lou Retton

Guest Coach Christian Grillo

Christian Grillo has been a gymnast for 14 years, specializing in Vault, Floor, High Bar, and Parallel Bars. He has also coached from preschool classes to the Elite level for nine years. He is extremely passionate about gymnastics!

He was trained to coach in the National Team Training Center. Christian was also recruited to coach in Italy, where he coached athletes from ages 7-18. Christian has earned numerous National Gymnastics Masters degrees.

Lastly, Christian toured with Sophia Campana on her FireWorks Tour 2017, coaching and promoting AirTrack Italia inflatable mats, which he was key in developing and design of the mats. We will have the opportunity to use AirTrack Italia mats at our summer camp!

